

1 **Systematic Review and Meta-Analysis**
2 **of the Association between Perineal**
3 **Use of Talc and Risk of Ovarian Cancer**

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20 **Abstract**

21 Over the past four decades, there has been increasing concern that perineal use of talc
22 powder, a commonly used personal care product, might be associated with an
23 increased risk of ovarian cancer.

24 **Objectives:** To systematically review all available human epidemiological data on the
25 relationship between perineal use of talc powder and ovarian cancer, with consideration
26 of other relevant experimental evidence.

27 **Methodology:** We identified 30 human studies for qualitative assessment of evidence,
28 including 27 that were retained for further quantitative analysis.

29 **Results:** A positive association between perineal use of talc powder and ovarian cancer
30 was found [OR: 1.28 (95% CI: 1.20 - 1.37)]. A significant risk was noted in Hispanics
31 and Whites, in women applying talc to underwear, in pre-menopausal women and in
32 post-menopausal women receiving hormonal therapy. A negative association was noted
33 with tubal ligation.

34 **Conclusion:** Perineal use of talc powder is a possible cause of human ovarian cancer.

35 **Keywords:** Talc; ovarian cancer; perineal; epidemiological studies; systematic review;
36 meta-analysis; toxicological studies.

37 **1. Introduction**

38 Ovarian cancer is a common gynecologic cancer among women in developed
39 countries, occurring at low rates among young women but increasing with age [1]. The
40 annual incidence rate of ovarian cancer during the period 2005 – 2009 was
41 12.7/100,000 women, varying by ethnicity. The majority of ovarian cancers are
42 diagnosed at an advanced stage, with 61% having distant metastases at diagnosis.
43 Hereditary risk factors for ovarian cancer, specifically BRCA1 gene mutations, increase
44 the risk above 35 years of age by about 2-3%.

45 In recent decades, there has been increasing concern that perineal exposure to
46 talc, a commonly used personal care product, might be associated with an increased
47 risk of ovarian cancer. However, the data describing this association is somewhat
48 inconsistent. Perineal application of talc among women varies by geographic location
49 (Supplementary Material I), with prevalence of use generally higher in Canada, the US
50 and the UK compared to Greece, China and Israel [2].

51 In order to better characterize the potential ovarian cancer risk associated with
52 perineal use of talc, we conducted a systematic review and meta-analysis of peer-
53 reviewed human studies on this issue. We also examined additional in-vitro or in-vivo
54 toxicological studies, which shed light on possible biological mechanisms that might
55 support an association between and ovarian cancer.

56 **2. Materials and Methods**

57 **2.1. Literature Search and Identification of Relevant Human Studies**

58 A comprehensive, multi-step search strategy was used to identify relevant
59 studies on talc from multiple bibliographic databases, relevant national and international
60 agencies and other grey literature sources (Supplementary Material II). Specifically,
61 conducted a systematic search for all original studies involving human subjects that
62 examined the association of genital/perineal use of talc powder and risk of ovarian
63 cancer, including studies identified in a previous review by Berge et al. [3]. This review
64 followed the PRISMA guidelines, and more specific guidance provided by the Cochrane
65 Collaboration [4] (see Supplementary Material II for details).

66 Included studies were individually evaluated and scored by two reviewers (MT
67 and NF), as detailed in the Table 1 and Supplementary Material XI. Studies included in
68 previous reviews by both Berge et al. [3] and Penninkilampi et al [5] are compared in
69 Supplementary Material I.

70 The quality of included studies was assessed using the Newcastle-Ottawa Scale
71 (NOS) [6], as detailed in Supplementary Material IV. We used a cut-off point of 7+ stars
72 to represent studies of higher quality.

73

74 **2.2. Literature Search and Identification of Relevant Non-Human Studies**

75 We conducted a (non-systematic) review of relevant non-human studies
76 identified in three major bibliographic databases to identify potentially relevant animal

77 and in vitro studies (Supplementary Material V). Only studies that focused on perineal
78 exposure to talc powder were included. For outcomes, studies that focused on any type
79 of cancer including ovarian cancer and perineal exposure were considered. All retrieved
80 studies were examined for relevance, reliability and overall quality using the Klimisch
81 scoring system [7, 8] (Supplementary Material VII, VIII and IX).

82 Studies are classified into one of the following four categories of reliability: 1)
83 reliable without restriction, 2) reliable with restrictions, 3) not reliable and 4) not
84 assignable. Additionally, category (5) is assigned to special studies focusing on
85 pharmacologic or mechanistic investigations.

86

87 **2.3. Hazard Characterization**

88 Epidemiological studies included in the systematic review were qualitatively
89 assessed to examine their potential to inform a weight of evidence analysis. Findings
90 from these studies were evaluated with respect to study design, exposure and outcome
91 ascertainment, as well as potential sources of bias and confounding.

92 Animal studies were evaluated for evidence on the association between perineal
93 application of talc and ovarian cancer. Additional information on mechanism of action
94 and toxicokinetics derived from in-vitro and in-vivo studies was used in evaluating
95 biological plausibility.

96 We evaluated the overall weight of scientific evidence by performing a qualitative
97 evaluation of the findings collected from epidemiological studies as well as non-human
98 studies, using the Hill criteria [9].

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100 **2.4. Quantitative Meta-Analysis**

101 We conducted a meta-analysis of the risk of ovarian cancer in relation to perineal
102 use of talc using quantitative risk estimates reported in 27 original studies, comprising
103 three cohort studies and twenty-four case-control studies (included in Table 1). Studies
104 that had analyzed overlapping study populations were assessed on a case-by-case
105 basis for inclusion into the meta-analysis. The level of detail in the reported findings,
106 including sample size and publication date, were considered when deciding which study
107 to include in the case of overlap (Supplementary Material XIV).

108 Maximally adjusted odds ratios (ORs), hazard ratios (HRs) or relative risks (RRs)
109 – measures that are largely comparable because of the relatively low rate of occurrence
110 of ovariaion cancer – were extracted from the original studies. Details of the meta-
111 analytic methods are provided in Supplementary Material XIV.

112

113

114 **Table 1: Characteristics and overall findings of all included studies (N=30).**

Study (Location)	Sample Size (Cases/ Controls or Cases/ Total Cohort)	Age (Years)	Subgroup Analyses	Exposure-Response Assessment	Overall Author Conclusion	NOS ¹
<i>Case-control studies</i>						
Booth et al.* (1989), UK [10]	235/451	Range: 20-65 Mean: 52.4 (cases); 51.4 (controls)	Frequency	No trend found	Possible association with >weekly use.	5
Chang and Risch (1997), Canada [11]	450/564	Range: 35-79 Mean: 57.2 (cases); 57.5 (controls)	Ever use Frequency Duration Time of use Type of use	Possible exposure- response with frequency and duration of use	Positive association	7

¹ Newcastle-Ottawa Scale (NOS) score for each of the listed studies as assessed in our review

Study (Location)	Sample Size (Cases/ Controls or Cases/ Total Cohort)	Age (Years)	Subgroup Analyses	Exposure-Response Assessment	Overall Author Conclusion	NOS ¹
			Pelvic surgery Histology			
Chen et al.* (1992), China [12]	112/224	Mean: 48.5 (cases); 49.0 (controls)	Ever use;	No trend analysis conducted	Positive association with use >3 months	6
Cook et al. (1997), USA [13]	313/422	Range: 20-79	Ever use Duration Type of use Histology Lifetime applications	No trend found	Positive association.	7
Cramer et al. (1982), USA [14]	215/215	Range: 18-80 Mean ± SD: 53.2 ± 1.0 (cases); 53.5 ± 1.0 (controls)	Ever use Type of use Pelvic surgery	No trend analysis conducted	Positive association	6

Study (Location)	Sample Size (Cases/ Controls or Cases/ Total Cohort)	Age (Years)	Subgroup Analyses	Exposure-Response Assessment	Overall Author Conclusion	NOS¹
Cramer et al. (2016), USA [15]	2,041/2,100	Range: 18-80	Ever use; Frequency; Duration; Type of use; Histology; Type of powder; Pelvic surgery; Ethnicity; Age at first use; Time since last exposure;	Significant trend for years since exposure, frequency and duration of use, and number of lifetime applications	Positive association	7
Gates et al. (2008), USA [16]	New England Case Control (NECC): 1,175/1,202 Nurses' Health	Mean ± SD: 51 ±13 (NECC); Mean ± SD: 51 ±8 (NHS)	Ever use; Frequency;	Significant trend for frequency of use	Positive association	7

Study (Location)	Sample Size (Cases/ Controls or Cases/ Total Cohort)	Age (Years)	Subgroup Analyses	Exposure-Response Assessment	Overall Author Conclusion	NOS¹
Study (NHS):						
	210/600					
Godard et al. (1998), Canada [17]	153/152	Mean: 53.7	Ever use; Sporadic/familial	No trend analysis conducted	No association	5
Green et al. (1997), Australia [18]	824/860	Range: 18-79	Ever use; Pelvic surgery;	No trend found	Positive association	7
Harlow et al. (1989), USA [19]	116/158	Range: 20-79	Ever use; Type of use; Type of powder;	No trend analysis conducted	No association	7
Harlow et al. (1992), USA [20]	235/239	Range: 18-76	Ever use; Frequency; Duration; Type of use;	Significant trend for monthly frequency of use	Positive associations in certain subgroups (talc used before 1960, women <50	7

Study (Location)	Sample Size (Cases/ Controls or Cases/ Total Cohort)	Age (Years)	Subgroup Analyses	Exposure-Response Assessment	Overall Author Conclusion	NOS ¹
			Method of use; Histology; Tumor grade; Type of powder; Lifetime applications; Age of first use; Pelvic surgery;		years old, women with 1 or 2 live births)	
Hartge et al. (1983), USA [21]	135/171	Mean: 52.1 (cases); 52.2 (controls)	Ever use;	No trend analysis conducted	No association	5
Kurta et al. (2012), USA [22]	902/1,802	Range: No range reported (age 25+)	Ever use;	No trend analysis conducted	Positive association	6
Langseth & Kjaerheim (2004), Norway [23]	46/179	Not reported	Ever use,	No trend analysis conducted	No association	4

Study (Location)	Sample Size (Cases/ Controls or Cases/ Total Cohort)	Age (Years)	Subgroup Analyses	Exposure-Response Assessment	Overall Author Conclusion	NOS¹
Merritt et al. (2008), Australia [24]	1,576/1,509	Range: 18-79 Mean: 57.8 (cases); 56.4 (controls)	Ever use; Duration; Histology; Pelvic surgery; Age at diagnosis;	No trend found	Positive association strongest for serous and endometrioid subtypes.	7
Mills et al. (2004), USA [25]	249/1,105	Mean ± SD: 56.6 (cases); 55 (controls)	Ever use; Frequency; Duration; Year of first use; Histology; Pelvic surgery; Time of use; Tumor behavior; Cumulative use;	No trend found	Positive association for invasive and serous invasive tumors.	6

Study (Location)	Sample Size (Cases/ Controls or Cases/ Total Cohort)	Age (Years)	Subgroup Analyses	Exposure-Response Assessment	Overall Author Conclusion	NOS¹
Moorman et al. (2009), USA [26]	African- American: 143/189; White 943/868	Range: 20-74	Ever use; Ethnicity;	No trend analysis conducted	No association	6
Ness et al. (2000), USA [27]	767/1,367	Range: 20-69	Ever use; Duration; Method of use;	No trend found	Positive association for any method of use.	6
Rosenblatt et al. (1992), USA [28]	77/46 (analyzed)	Range: ≤30 – 80≥	Ever use; Duration; Type of use; Pelvic surgery;	Positive trend for duration of use since tubal ligation	Possible association	4
Rosenblatt et al. (2011), USA [29]	812/1,313	Range: 35-74	Ever use; Lifetime number of applications; Duration;	No trend found	Possible association	7

Study (Location)	Sample Size (Cases/ Controls or Cases/ Total Cohort)	Age (Years)	Subgroup Analyses	Exposure-Response Assessment	Overall Author Conclusion	NOS ¹
			Year of first use; Age of first use; Age of last use; Time of use; Type of use; Histology;			
Schildkraut et al. (2016), USA [30]	584/745	Range: 20-79	Ever use; Frequency; Duration; Histology; Lifetime applications; Menopausal status;	Significant trend with frequency and duration of use, and number of lifetime applications	Positive association	8
Tzonou et al. (1993), Greece [31]	189/200	Range: <70	Ever use;	No trend analysis conducted	No association	5

Study (Location)	Sample Size (Cases/ Controls or Cases/ Total Cohort)	Age (Years)	Subgroup Analyses	Exposure-Response Assessment	Overall Author Conclusion	NOS¹
Whittemore et al. (1988), USA [32]	188/539	Range: 18-74	Ever use; Frequency; Duration; Type of use; Pelvic surgery;	No trend found	Could neither implicate nor exonerate talc as an ovarian carcinogen	4
Wong et al. (1999, 2009), USA [33, 34]	462/693	Mean: 54.9	Ever use; Type of use; Duration; Pelvic surgery;	No trend found	No association	4
Wu et al. (2015), USA [35]	1,701/2,391	Range: 18-79	Ever use; Ethnicity;	No trend analysis conducted	Positive association among Hispanics and non-Hispanic whites, but not African Americans.	7

Study (Location)	Sample Size (Cases/ Controls or Cases/ Total Cohort)	Age (Years)	Subgroup Analyses	Exposure-Response Assessment	Overall Author Conclusion	NOS¹
Wu et al. (2009), USA [34]	609/688	Range: 18-74	Ever use; Frequency; Duration; Type of use; Histology; Time of use; Cancer stage;	Significant trend for frequency and duration of use, and number of lifetime applications	Positive association	7
<i>Cohort studies</i>						
Gates et al. (2010)*, USA [36]	797/108,870	Range: 30-55	≥/week vs <1/week; Histology;	No trend analysis conducted	Possible association that varies by histological subtype. No association with mucinous tumors.	7

Study (Location)	Sample Size (Cases/ Controls or Cases/ Total Cohort)	Age (Years)	Subgroup Analyses	Exposure-Response Assessment	Overall Author Conclusion	NOS¹
Gertig et al. (2000), USA [37]	307/78,630	Range: 30-55 (at cohort entry)	Ever use; Frequency; Histology; Race;	No trend found	Possible association (modest increase for serous invasive subtype)	5
Gonzalez et al. (2016), USA [38]	154/41,654	Range: 35-74 Median: 57.8	Ever use; Time of use;	No trend analysis conducted	No association	6
Houghton et al. (2014), USA [39]	429/61,285	Range: 50-79 Mean: 63.3	Ever use; Duration; Type of use; Histology;	No trend found	No association	7

* Study assessed for qualitative evidence but not included in the meta-analysis

116 **3. Results**

117 **3.1. Evidence from Human Studies**

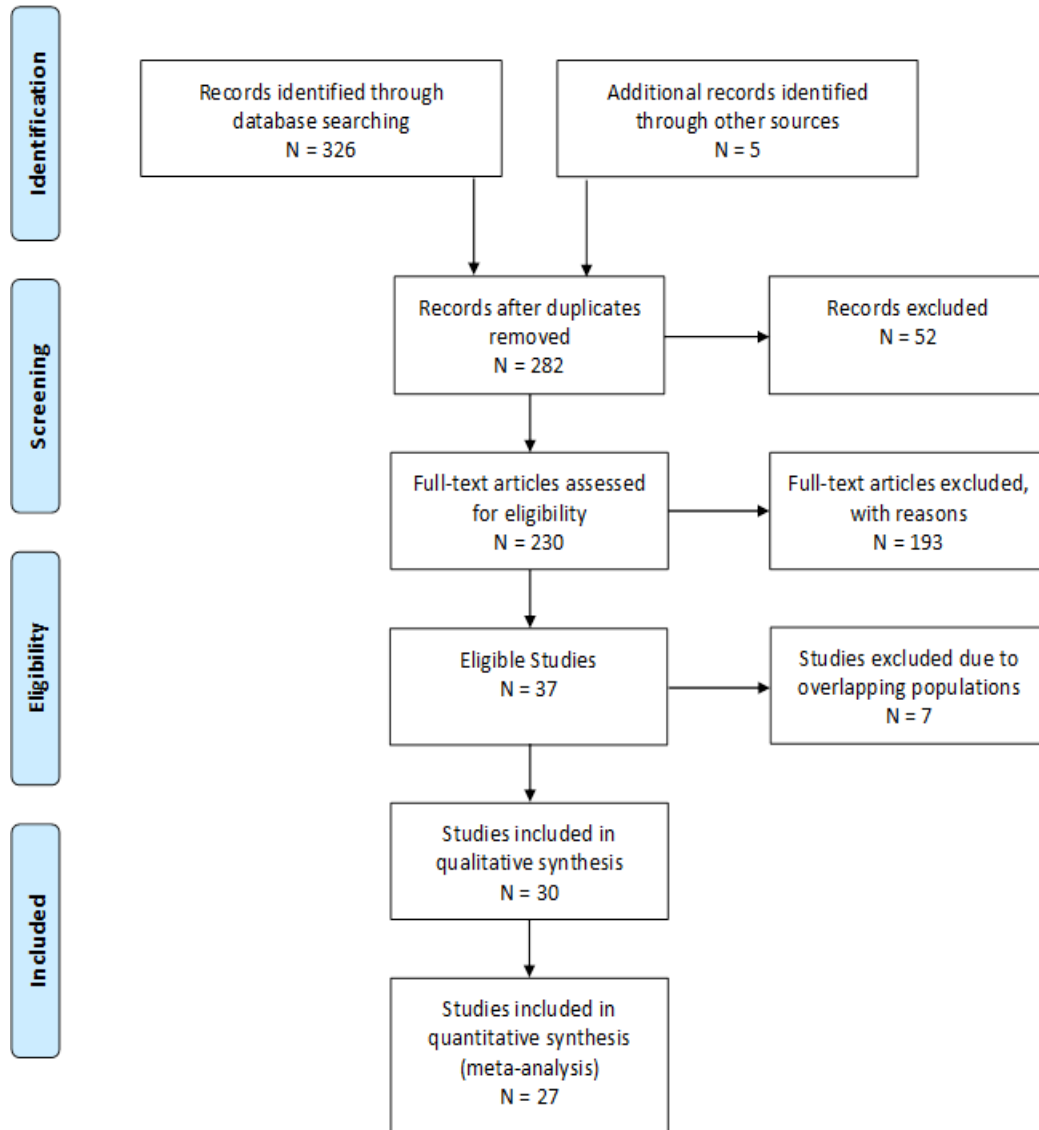
118 The multiple database search for original human studies yielded 656 references.
119 Although grey literature search yielded another 477 references, only 5 were judged
120 relevant the present analysis. Automatic followed by manual removal of duplicates
121 identified 282 references for screening and review.

122 Multi-level screening and full-text examination resulted in the in the inclusion of
123 30 studies for further qualitative/quantitative analyses (Supplementary Materials X and
124 XI). A detailed PRISMA flow diagram is shown in Figure 1 [40]. Key characteristics of
125 the included 26 case-control studies and four cohort studies are summarized in Table 1.

126 Twenty-one of the thirty studies were carried out in the USA, with the remaining
127 studies conducted in Europe (n=4), Canada (n=2), Australia (n=2) and China (n=1).
128 Forty percent (n=12) of the studies were relatively recent, published in the last decade,
129 with the remaining studies published between 1982 and 2006. The study populations
130 generally included adult women. Several studies analyzed data from populations initially
131 recruited for other purposes, such as the Nurses' Health Study (NHS) [15, 36, 37] and
132 Women's Health Initiative (WHI) [39].

133 The number of ovarian cancer patients analyzed varied from as few as 46 cases
134 [23] to 22,041 cases [15]. Twenty-seven out of the 30 included studies assessed the
135 association between ever use of perineal talc use and ovarian cancer. Subgroup

136 analyses examining the effect of frequency and duration of use, type of use, period of
137 use and other factors varied among these studies (Table 1).



138

139 Figure 1: PRISMA Flow Diagram

140 Sixty three percent (n=19) of the studies concluded the presence of a positive
141 association between perineal exposure to talc powder and ovarian cancer risk [10-16,

142 18, 20, 22, 24, 25, 27-30, 34-36]. Ten studies concluded the absence of an association
143 [17, 19, 21, 23, 26, 31, 33, 37-39]. Only one study could not reach a clear conclusion on
144 the presence or absence of an association [32]. Many of the included studies reported
145 variability in some of the analyzed subgroups regarding possible association between
146 exposure to talc powder and risk of ovarian cancer. Supplementary Material X presents
147 the findings and details of all the studies included in the analysis, while Supplementary
148 Material XI summarizes the strengths and limitations of each of these studies as
149 identified by the original study authors and by us.

150

151 **3.2. Evidence from Non-Human studies**

152 After removal of duplicates, the bibliographic database searches on non-human
153 studies initially yielded 1,165 references. The 51 retained animal studies focusing on the
154 carcinogenicity of talc, mechanism of action, and toxicokinetics are summarized in
155 Supplementary Material XII.

156

157 **3.3. Hazard Characterization**

158 **3.3.1. Evidence from Human Studies**

159 The case-control studies generally included adult women participants. Cases
160 were commonly selected from registries or hospital records, and included all eligible
161 subjects within a specific geographic region and diagnosed with ovarian cancer within a
162 predetermined time period. Controls were generally matched to cases by age and

163 residence. All the included studies compared the risk of ovarian cancer in ever vs never
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164 users of talc (perineal application). However, several of the studies also included
165 subgroup analyses to examine the potential effect of frequency of use, duration of use,
166 tumor histology, ethnicity, method of use, lifetime number of applications, year of first
167 use, and menopausal status. Some authors concluded that the risk of ovarian cancer is
168 limited to [or stronger in] certain subgroups (weekly talc users, premenopausal women)
169 or for specific histology types (notably serous tumors).

170 Studies reported effect estimates adjusted for a variety of potential confounders
171 (see detailed tables in Supplementary Material X & XI). Age and parity were considered
172 the two most important variables that could introduce potential bias, based on prior
173 literature: few studies reported findings that were not adjusted for these two variables.
174 As many of the studies only reported on the ovarian cancer risk assessing only one
175 exposure category (comparing only ever vs never users of talc), exposure-response
176 analyses were not done in all studies. When conducted, findings from trend analyses
177 were not consistent.

178

179 **3.3.2. Evidence from Non-Human Studies**

180 The following aspects were considered in the weight of evidence assessment of
181 ovarian cancer and perineal exposure to talc:

- 182 ● hazards arising from the physical and chemical properties of talc, including
183 potential structure-activity relationship indicative of carcinogenic potential;
- 184 ● the toxicokinetics of talc and the ability to migrate from the perineal area to ovaries
185 and quantity at the actual target site (the tissue dose);

- 186
- evidence on ovarian cancer reported in animal studies; and
- 187
- findings from in vitro studies suggestive of mechanism of action of carcinogenic
- 188
- effect.

189 While the data from the animal studies considered various routes of talc
190 administration are inconsistent [41-46], there are observations from in vivo and in vitro
191 studies which support the potential for local carcinogenic action of talc on fallopian,
192 ovarian and peritoneal epithelium [27, 47-53].

193 The results from the *in vitro* studies are informative for mechanisms of action of
194 possible carcinogenicity. Smith and colleagues [54] identified 10 key characteristics
195 (KCs) commonly exhibited by established human carcinogens.

196 Oxidative stress (KC 6) and inflammation (KC 5) in cell cultures induced by talc
197 have been reported by several authors [48], corresponding to two of the 10 key
198 characteristics (KCs) described by Smith et al. [54]. Several authors suggested
199 additional potential mechanisms of action through cell proliferation (KC 10) and changes
200 in gene expression, presumably facilitated by oxidative stress and dysregulated
201 antioxidant defense mechanisms [49, 55].

202 Chronic perineal or vaginal exposures of animals to talc do not directly affect
203 ovulation or steroidal hormone levels, but can induce chronic local inflammation, which
204 has been suggested as a risk factor for ovarian cancer [56]. Mechanism of action
205 studies suggested that talc can complex iron on the surface and disrupt iron
206 homeostasis, associated with oxidant generation, macrophage distress and leukotriene

207 released by macrophages in the surrounding cells resulting in the inflammatory
208 response which could act as a tumor promoter in both animals and humans [48, 50, 51].

209 The changes seen in cultured cells after exposure to talc [50, 51] are consistent
210 with those inflammatory and proliferative processes in the lungs seen in laboratory
211 animals after inhalation exposure in a 1993 study conducted by the US National
212 Toxicology Program [47]. In female rats, hyperplasia of alveolar epithelium was
213 associated with inflammatory response and occurred in or near foci of inflammation [47].
214 The severity of the fibrous granulomatous inflammation in the lungs increased with
215 increased talc concentrations and exposure duration and a significant association was
216 observed between inflammation and fibrosis in the lungs and the incidence of
217 pheochromocytomas in this study [47]. Overall, the available experimental data suggest
218 irritation, followed by oxidative stress and inflammation, may play be involved in local
219 carcinogenic effects of talc in the ovaries.

220 Local inflammation of the epithelial ovarian surface in rats following by injection
221 of a suspension of talc particles demonstrated the development of foreign body
222 granulomas surrounding talc particles and large ovarian bursal cysts [53]. It is generally
223 accepted that benign and malignant ovarian epithelial tumors arise from surface
224 epithelium and its cystic derivatives, and surface epithelial cysts have a greater
225 propensity to undergo neoplasia than does the surface epithelium itself [57]. Evidence
226 of neoplasms of epithelial origin, nuclear atypia, or mitotic activity in the surface
227 epithelium was not found in this study; however, focal areas of papillary changes in the
228 surface epithelium consistent with the histological signs of premalignancy were
229 observed in 40% of treated animals [53].

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230 Data on talc migration in the genital tract of animals is inconsistent, but could not
231 exclude such possibility [58-61]. Some studies have reported lack of neutron-activated
232 talc migration from the vagina to the ovaries in cynomolgus monkeys [58], but talc
233 particles were identified in the ovaries of rats that received intrauterine instillation of talc
234 [60]. Radioactivity was not found in the ovaries of rabbits dosed intravaginally with
235 tritium-labelled talc, but was detected in cervix and fallopian tubes [59-61]. In studies in
236 humans, Henderson and colleagues [62] examined tumor tissue of female patients with
237 ovarian and cervical tumors. The authors detected talc particles in histological samples
238 from 10 of 13 ovarian tumors, 12 of 21 cervical tumors and in 5 samples of 12 normal
239 ovarian tissues [62].

240 Historically, the concern for talc carcinogenicity has been associated with its
241 contamination by asbestos fibers (tremolite) [63], which is considered carcinogenic to
242 humans [2]. Talc, including baby powder, available in the US, contains only U.S.
243 Pharmacopeia (USP) grade pure talc [64]. Talcum powder has been asbestos-free
244 since the 1976 where the specifications for cosmetic talc were developed [65].

245

246 **3.3.3. Weight of evidence for carcinogenicity**

247 Based on our evaluation of the weight of multiple lines of evidence, we concluded
248 that perineal application of talc is a possible cause of ovarian cancer in humans.
249 In 2010 the International Agency for Research on Cancer [2] categorized perineal use of
250 talc-based body powder (not containing asbestos or asbestiform fibers) as “possibly
251 carcinogenic to humans (Group 2B)” [66].

252 Table 2 summarizes the available evidence for the association of ovarian cancer
 253 with perineal application of talc, organized around the nine Hill criteria [9]. Additional
 254 details of this evaluation are given in Supplementary Material XIII.

255

256

257 **Table 2: Summary of evidence for each of the Hill Criteria of causation, as applied**
 258 **to perineal application of talc and ovarian cancer**

Criterion	Summary of Evidence
Strength of association	<ul style="list-style-type: none"> • Out of the 30 epidemiological studies, six reported positive association of statistical significance with a risk value (relative risk or odds ratio) of 1.5 or greater • None of the cohort studies (n=3) found statistically significant association
Consistency	<p>Fifteen out of thirty studies reported positive and significant associations reported in:</p> <ul style="list-style-type: none"> • Different ethnicities (Caucasians, African Americans, and Latin Americans); • Over four decades (1982 - 2016); • Mostly in studies from the United States but also in other countries (Canada, Australia and China) • Case-control studies but not in cohort studies
Specificity	<ul style="list-style-type: none"> • Overall, the perineal talc exposure is specifically associated with cancer of the ovary and not other organs • No evidence of other target organs (e.g., liver) being associated with perineal application of talc (via systemic exposure)

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Criterion	Summary of Evidence
Temporality	<ul style="list-style-type: none"> • Thirteen studies included analyses by histologic type of ovarian cancer, and eight of them found a significant increase in the risk of serous ovarian cancer in talc users • In all case-control studies reporting positive outcome, the participants recalled that exposure to talc preceded the reported outcome • In cohort studies, the follow up period could have been inadequate (<15 years) to detect a potential association between talc exposure and ovarian cancer
Biological gradient (exposure-response)	<ul style="list-style-type: none"> • About half of the epidemiological studies assessed only one level of talc exposure (ever vs never usage) • Of the 12 studies reporting a positive association, six studies found significant exposure-response trend, particularly with medium and high frequency usage groups Regarding duration of use/exposure to talc, several studies reported the greatest risk in the 20+ years of use exposure group, followed by the 10-20 years' group, then the <10 years' group
Biological plausibility	<ul style="list-style-type: none"> • Particles of talc appear to migrate into the pelvis and ovarian tissue causing irritation and inflammation • Transport of talc via perineal stroma and presence in ovaries documented • Chronic inflammatory response and alteration in local immunogenicity are possible mechanisms
Coherence	<ul style="list-style-type: none"> • Results from talc epidemiology studies are coherent with the current knowledge on the risk factors for ovarian cancer (e.g., factors/physiological states associated with greater frequency and duration of ovulation are associated with increased risk of ovarian cancer)

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Criterion	Summary of Evidence
Experimental evidence	<ul style="list-style-type: none"> <li data-bbox="505 289 1435 499">• Many (but not all) case-control studies reported lower risk of ovarian cancer in women who underwent pelvic surgery or tubal ligation (which disrupts the pathway and movement of talc from lower to upper genital tract) & suppressed ovulation <li data-bbox="505 554 1435 638">• Perineal application of talc has not been tested in an animal model of ovarian cancer <li data-bbox="505 680 1435 764">• The single animal cancer bioassay with talc conducted by the US National Toxicology Program was only by the inhalation route <li data-bbox="505 806 1435 1010">• Rodent models may be of limited relevance because of ovulations occurring only or mainly during the breeding season and the rarity of ovarian epithelial tumors in these animals and ovaries are variously enclosed in an ovarian bursa.
Analogy	<ul style="list-style-type: none"> <li data-bbox="505 1066 1062 1096">• Talc and asbestos are both silicate minerals <li data-bbox="505 1129 1435 1276">• Talc has been variably contaminated with asbestos (tremolite and anthophyllite; until 1976, talcum powders were only required to contain at least 90% mineral talc) <li data-bbox="505 1318 1435 1402">• The pleural and peritoneal mesotheliomas caused by asbestos are histologically similar to epithelial ovarian cancer associated with talc <li data-bbox="505 1444 1435 1528">• In animal models, asbestos induces ovarian epithelial hyperplasia similar to early epithelial tumors reported in women with past use of talc

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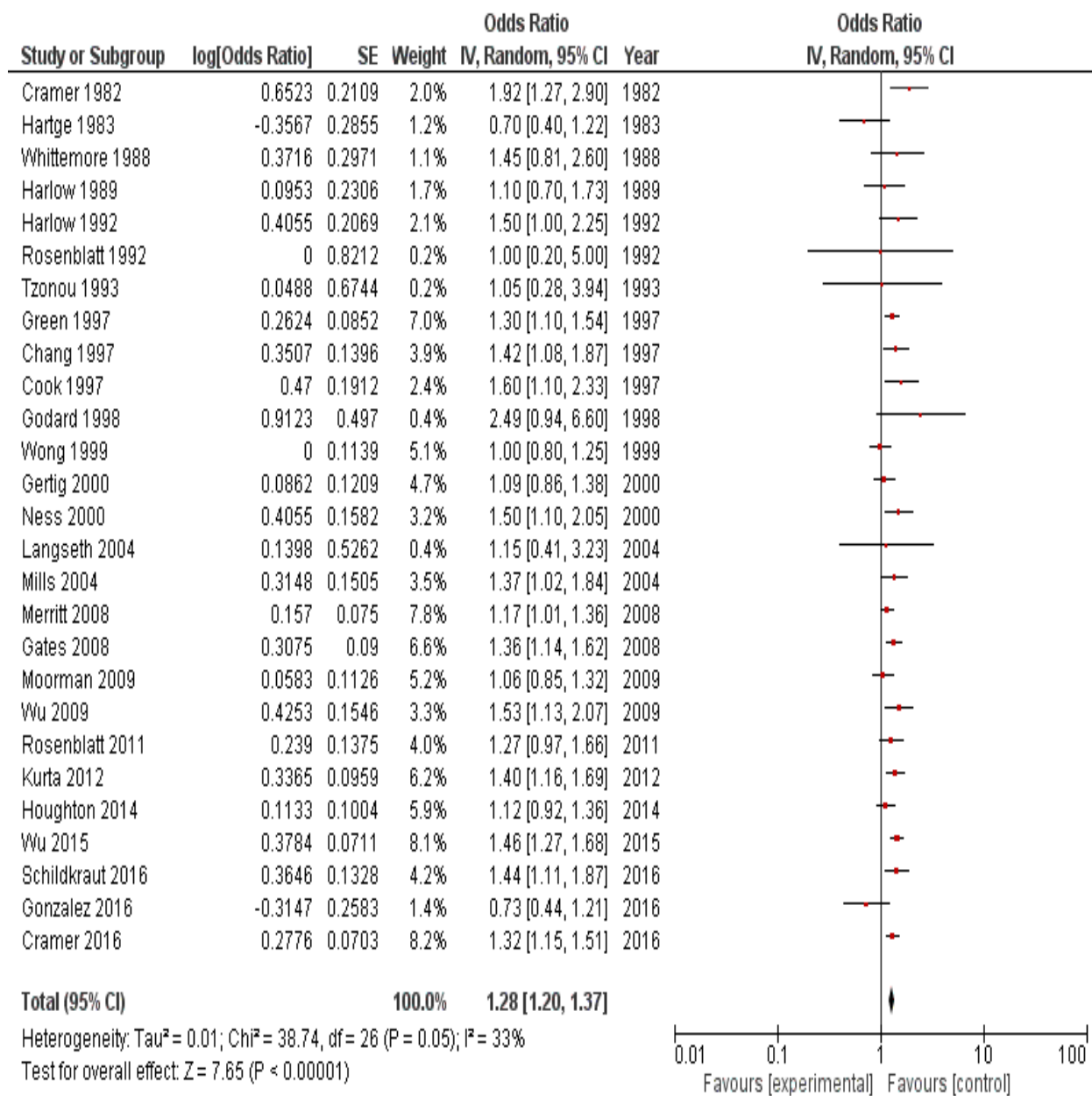
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261 **3.4. Meta-Analysis**

262 The use of genital talc was associated with a significant increase in the risk of
263 epithelial ovarian cancer, with an overall odds ratio [OR] based on our meta-analysis of
264 1.28 (95% confidence interval [CI]: 1.20 to 1.37 $P < 0.0001$, $I^2 = 33\%$), as presented in

265 Figure 2. This result is comparable to those of earlier meta-analyses conducted by other
 266 investigators [3, 5, 67-69] as shown in Supplementary Material I.



267
 268 **FIGURE 2: Forest plot of the meta-analysis results on perineal use of talc and**
 269 **risk of ovarian cancer**

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270

271 An increased risk is more apparent in Hispanics and Whites, in women applying
272 talc to underwear, in pre-menopausal women and post-menopausal women receiving
273 hormonal therapy, as well as for the serous and endometrioid types of ovarian cancer
274 (Table 3 and Supplementary Material XIV). A negative association was noted with tubal
275 ligation. Our analysis pooled risk estimates from 27 original studies including 3 cohort
276 studies and 24 case-control studies, spanning across four decades (1982-2016) and
277 including a total of 16,352 cases and 19,808 controls from different ethnicities.

278 In assessing heterogeneity among included studies, most subgroup analyses
279 reported an I^2 statistic ranging between 0%-40%, which will have only a minimal impact
280 on the analysis [4]. Only three subgroup analyses (ethnicity, menopausal state, and
281 pelvic surgery) reported an I^2 statistic of 77%-78%, where considerable heterogeneity
282 might have had an impact on the results [4]. (See Table 3 and Supplementary Material
283 XIV for a listing of I^2 statistic values for the different subgroup analyses)

284 Whereas case-control studies showed a significant increase in the risk of ovarian
285 cancer for ever vs never users of talc powder [OR: 1.32 (95% CI: 1.24 to 1.40), $P <$
286 0.00001, $I^2= 22\%$], cohort studies failed to show a significant increase in risk [OR: 1.06
287 (95% CI: 0.9 to 1.25), $P= 0.49$, $I^2= 17\%$]. Thirteen out of 24 case-control studies (54%)
288 showed a statistically significant association, whereas none of the 3 cohort studies
289 showed a significant overall association between ever vs never genital talc exposure
290 and risk of ovarian cancer.

291 Subgroup analysis by study quality (NOS \geq 7 vs NOS $<$ 7) did not show any
292 significant differences in the overall pooled risk estimate. Similarly, there were no
293 differences among subgroup analysis conducted by decade of publication. A significant
294 association was observed for population-based studies [OR: 1.34 (95% CI: 1.27 to
295 1.41), $P < 0.00001$, $I^2 = 0\%$], but for enlisting hospital-based controls [OR: 0.96 (95% CI:
296 0.78 to 1.17), $P = 0.66$, $I^2 = 0\%$].

297 We conducted influence analysis to examine the impact of individual studies on
298 the results of our meta-analysis. No appreciable changes were observed regarding the
299 overall association of perineal talc exposure and the risk of ovarian cancer in response
300 to the exclusion of any one study. Detailed results from the influence analysis are
301 provided (Supplementary Material XIV).

302 Subgroup analysis based on ethnicity indicated that Hispanic women using talc
303 showed the most significant increase in risk of ovarian cancer [OR: 1.70 (95% CI: 1.17
304 to 2.47), $P = 0.005$, $I^2 = 0\%$], followed by White women [OR: 1.28 (95% CI: 1.10 to 1.49),
305 $P = 0.001$, $I^2 = 56\%$]. African-American women showed a non-significant association with
306 ovarian cancer in [OR: 1.67 (95% CI: 0.90 to 3.10), $P = 0.1$, $I^2 = 48\%$].

307 Analyzing exposure by frequency of talc use, talc exposure was stratified into
308 three groups: high (once daily for >25 days/month), medium (once daily for 10–25
309 days/month) and low (once daily for 1– <10 days/month). The OR for the high-use group
310 was higher in the high-use group compared to the other two groups (medium and low-
311 use groups). Duration of talc use was stratified into three groups: <10 years, 10 – <20
312 years, and 20+ years. The overall odds ratio of the <10 years' group was lower than the

313 OR for the 10 – <20 years' group. On the other hand, the OR for the 20+ years' group
314 was lower and not statistically significant. However, this OR was based on two studies
315 that showed considerable heterogeneity ($I^2=75\%$). Examining the method of application
316 of talc, application to the underwear subgroup had a statistically significant OR, which
317 was the highest among all subgroups. Diaphragm use showed an expected, yet non-
318 significant, negative association with ovarian cancer, which may be due to its action
319 blocking the ascent of talc particles up the reproductive tract.

320 Pooled risk estimates were statistically significant for two histological types of
321 ovarian cancer: serous tumors [OR: 1.38 (95% CI: 1.22 to 1.56), $P < 0.00001$, $I^2= 0\%$]
322 and endometrioid tumors [OR: 1.39 (95% CI: 1.05 to 1.82), $P= 0.03$, $I^2= 2\%$]. The
323 mucinous type showed a non-significant association [OR: 1.05 (95% CI: 0.85 to 1.29),
324 $P= 0.41$, $I^2= 23\%$], while there were not sufficient studies to examine the other types of
325 ovarian cancers. Regarding tumor behavior, there was no appreciable difference
326 between invasive [OR: 1.38 (95% CI: 1.15 to 1.65), $P= 0.0004$, $I^2= 0\%$] and borderline
327 [OR: 1.43 (95% CI: 1.08 to 1.89), $P= 0.01$, $I^2= 19\%$] grades of ovarian cancer.
328 Borderline serous tumors showed slightly greater risk [OR: 1.39 (95% CI: 1.09 to 1.78),
329 $P= 0.008$, $I^2= 0\%$] compared to the serous invasive grade [OR: 1.32 (95% CI: 1.13 to
330 1.54), $P= 0.0004$, $I^2= 24\%$], while both showed a significant association with perineal
331 talc exposure. However, the mucinous tumors showed a non-significant association with
332 talc exposure, with invasive grades being associated with a greater risk [OR: 1.34 (95%
333 CI: 0.48 to 3.79), $P= 0.58$, $I^2= 70\%$] compared to the borderline grade [OR: 1.18 (95%
334 CI: 0.76 to 1.82), $P < 0.46$, $I^2= 34\%$].

335 Among post-menopausal women, those receiving hormonal therapy showed the
336 greatest risk [OR: 2.28 (95% CI: 1.72 to 3.01), $P < 0.00001$, $I^2 = 0\%$], followed by pre-
337 menopausal women [OR: 1.42 (95% CI: 1.16 to 1.75), $P = 0.0008$, $I^2 = 0\%$], and then
338 post-menopausal women not receiving hormonal therapy [OR: 1.05 (95% CI: 0.84 to
339 1.32), $P = 0.66$, $I^2 = 25\%$]. This subgroup analysis suggests that hormonal factors,
340 especially estrogens influence the risk of developing ovarian cancer among
341 postmenopausal women who have perineal talc exposure.

342 Women with prior ligation of the Fallopian tubes showed a significant reduction in
343 risk [OR: 0.64 (95% CI: 0.45 to 0.92), $P = 0.02$, $I^2 = 19\%$] against ovarian cancer
344 compared to hysterectomy [OR: 0.89 (95% CI: 0.54 to 1.46), $P = 0.65$, $I^2 = 61\%$],
345 whereas both surgeries combined showed no effect [OR: 1.06 (95% CI: 0.78 to 1.42),
346 $P = 0.72$, $I^2 = 61\%$]. This might be attributed to the fact that tubal ligation is usually
347 performed at an earlier age, thus preventing entry of talc into the reproductive tract
348 earlier and prolonged exposure to talc, compared to hysterectomy that is performed
349 later in life where a higher exposure has already taken place. In a recent meta-analysis
350 [70], the authors reported a negative association of tubal ligation (27 studies) and
351 hysterectomy (15 studies) with the risk of ovarian cancer: this negative association was
352 more apparent in women who had the surgery at an earlier age. A highly plausible
353 mechanism for this association, as suggested by the authors, involves blocking of
354 ascent of agents such as talc to the ovaries.

355 A summary of results of our meta-analysis is shown in Table 3. Forest plots of all
356 sub-group analyses are provided in Supplementary Material XIV.

357

358

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359 **Table 3: Results of the subgroup analysis of talc exposure and ovarian cancer**

Outcome or Subgroup	Studies	Effect Estimate [95% CI]	Heterogeneity I^2 Statistic [p-value]
1. Talc use			
Ever vs. Never	27	1.28 [1.20, 1.37]	33% [< 0.00001]
Ethnicity	3		77% [0.08]
<i>African Americans</i>	3	1.67 [0.90, 3.10]	48% [0.10]
<i>Hispanics</i>	2	1.70 [1.17, 2.47]	0% [0.005]
<i>Whites</i>	3	1.28 [1.11, 1.49]	56% [0.001]
<i>Asians</i>	1	0.04 [0.01, 0.16]	N/A
2. Study Assessment			
2.1. Study Design	27		33% [< 0.00001]
<i>Case-Control</i>	24	1.32 [1.24, 1.40]	22% [< 0.00001]
<i>Cohort</i>	3	1.06 [0.90, 1.25]	17% [0.49]
2.2. Type of Controls	24		22% [< 0.00001]
<i>Hospital-based</i>	4	0.96 [0.78, 1.17]	0% [0.66]
<i>Population-based</i>	19	1.34 [1.27, 1.41]	0% [< 0.00001]
<i>Combined</i>	1	1.45 [0.81, 2.60]	N/A
2.3. Quality Score (NOS)	27		33% [< 0.00001]
<i>NOS ≥ 7</i>	12	1.32 [1.25, 1.40]	0% [< 0.00001]
<i>NOS < 7</i>	15	1.21 [1.05, 1.39]	47% [0.009]
2.4. Publication Year	27		33% [< 0.00001]
<i>1980-1989</i>	4	1.23 [0.81, 1.88]	66% [0.33]
<i>1990-1999</i>	8	1.30 [1.13, 1.50]	24% [0.0003]
<i>2000-2009</i>	8	1.25 [1.14, 1.37]	18% [< 0.00001]
<i>2010 and beyond</i>	7	1.31 [1.18, 1.45]	44% [< 0.00001]
3. Talc Exposure			
3.1. Frequency of Use	7		35% [< 0.00001]
<i>Low</i>	5	1.22 [0.96, 1.54]	54% [0.10]
<i>Medium</i>	2	1.22 [0.98, 1.53]	0% [0.08]
<i>High</i>	7	1.39 [1.22, 1.58]	23% [< 0.00001]
3.2. Duration of Use	6		5% [0.0008]
<i><10 Years</i>	5	1.22 [1.03, 1.45]	0% [0.02]

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Outcome or Subgroup	Studies	Effect Estimate [95% CI)	Heterogeneity I^2 Statistic [p-value]
10 - <20 Years	2	1.42 [1.02, 1.99]	0% [0.04]
20+ Years	2	1.19 [0.71, 1.98]	75% [0.51]
3.3. Method of Use	13		52% [0.001]
Sanitary Napkin	11	1.12 [0.91, 1.39]	50% [0.29]
Diaphragm	10	0.87 [0.72, 1.05]	25% [0.14]
Underwear	2	1.70 [1.27, 2.28]	0% [0.0004]
Male Condom	3	0.99 [0.73, 1.32]	0% [0.92]
4. Tumor Histology			
4.1. Tumor Histology	8		23% [< 0.00001]
Serous	7	1.38 [1.22, 1.56]	0% [< 0.00001]
Mucinous	5	1.05 [0.85, 1.29]	23% [0.41]
Endometrioid	6	1.39 [1.05, 1.82]	2% [0.03]
Clear Cell	1	0.63 [0.15, 2.65]	
5. Tumor Behavior			
5.1. All Grades	4		0% [< 0.00001]
All Invasive	3	1.38 [1.15, 1.65]	0% [0.0004]
All Borderline	4	1.43 [1.08, 1.89]	19% [0.01]
5.2. Serous	5		0% [< 0.00001]
Serous Invasive	5	1.32 [1.13, 1.54]	24% [0.00004]
Serous Borderline	3	1.39 [1.09, 1.78]	0% [0.008]
5.3. Mucinous	3		38% [0.40]
Mucinous Invasive	2	1.34 [0.48, 3.79]	70% [0.58]
Mucinous Borderline	3	1.18 [0.76, 1.82]	34% [0.46]
5.4. Endometrioid	1		N/A
Endometrioid Invasive	1	1.38 [1.06, 1.80]	
5.5. Clear Cell	1		N/A
Clear Cell Invasive	1	1.01 [0.65, 1.57]	
6. Modifiers			
6.1. Menopausal State	2		78% [0.007]
Pre-menopausal	2	1.42 [1.16, 1.75]	0% [0.0008]
Post-Menopausal (HT)	2	2.28 [1.72, 3.01]	0% [< 0.00001]
Post-Menopausal (no HT)	2	1.05 [0.84, 1.32]	25% [0.66]

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Outcome or Subgroup	Studies	Effect Estimate [95% CI)	Heterogeneity I^2 Statistic [p-value]
6.2. Pelvic Surgery	7		78% [0.35]
<i>Tubal Ligation</i>	3	0.64 [0.45, 0.92]	19% [0.02]
<i>Hysterectomy</i>	4	0.89 [0.54, 1.46]	61% [0.65]
<i>Combined</i>	4	1.06 [0.78, 1.42]	61% [0.72]

360

361 * **NOS:** Newcastle-Ottawa Scale for quality scoring of observational studies

362 ** **Low:** Once daily for 1 – <10 days/month; **Medium:** Once daily for 10 –25 days/month; **High:** Once
363 daily for >25 days/month

364

365 **3.5. Exposure-Response Assessment**

366 The effect of increasing frequency or duration of perineal use of talc and the risk
367 of ovarian cancer was assessed in the majority of the studies included in this review.
368 Conflicting findings were reported on the nature of the exposure-response relationship:
369 11 studies concluded that there is no exposure-response, five studies reported a
370 significant positive trend with either frequency or duration of talc use, and two studies
371 concluded that there might be an exposure-response. The remaining twelve studies did
372 not perform or report on trend analyses.

373 Findings from the seven studies that indicated a potential increased risk of
374 ovarian cancer associated with increasing use of talc are presented in Table 4. The
375 study by Cramer et al. [15] provides the strongest evidence of an exposure-response
376 relationship and could be considered as a key study for exposure-response
377 assessment. The data used in this study were generated from the Nurses' Health Study

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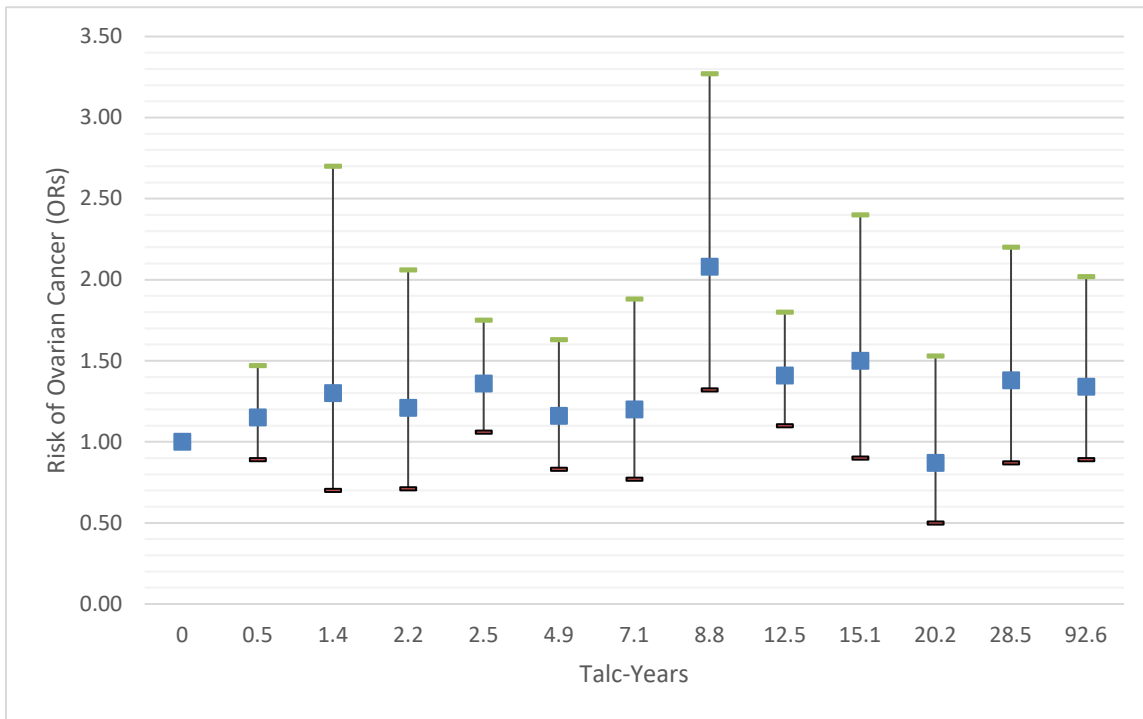
378 originally conducted by Belanger et al. [71], a well-designed high quality cohort study of
379 the factors affecting women's health. The results of this study show an increased risk of
380 ovarian cancer at the three highest exposure categories in this study, with the risk at the
381 lowest exposure level [OR: 1.15 (95% CI: 0.89 to 1.47)] being numerically, although not
382 significantly, elevated. Other studies in Table 4 have provided findings in support of an
383 exposure response based on increasing number of talc applications [20, 30, 34].

384 In order to permit more direct comparisons of the exposure-response findings
385 from these studies, and whenever the original study data permits, we standardized
386 exposure measurements into talc-years as shown in Figure 3. Data points were
387 selected from studies after excluding potential data points that are lacking precise
388 information on the level of exposure to talc. The mid-point of the exposure categories in
389 the exposure-response studies was used for exposure-response assessment.

390 Overall, the graphical results shown in this Figure 3 suggest a possible
391 increasing trend in ovarian cancer risk with increasing cumulative exposure to talc;
392 however, there is also a high degree of uncertainty surrounding many of the individual
393 risk estimates. (A formal statistical test for trend was not attempted because of the high
394 degree of heterogeneity among studies noted previously in our meta-analysis discussed
395 in section 3.4.)

396

397



398

399

400 **Figure 3: Ovarian cancer risk estimates at increasing levels of exposure to talc, as**
401 **reported from multiple studies**

402

403

404

405 **Table 4: Summary of studies that reported ORs for increasing number of lifetime perineal talc applications**

Study	Stratification	Reported Exposure-Response Strata	aOR*	95% CI
Schildkraut et al. (2016) [30]	Lifetime genital powder	<3,600 applications, any genital use vs (never use)	1.16	[0.83, 1.63]
		>3,600 applications, any genital use vs (never use)	1.67	[1.23, 2.26]
Whittemore et al. (1988) [32]	Overall trend	Overall trend for 30 uses per month	1.3	[0.88, 1.92]
Wu et al. (2009) [34]	By total times of talc use	≤ 5,200 times vs nonuse	1.2	[0.77, 1.88]
		5,201 – 15,600 times vs nonuse	1.38	[0.87, 2.20]
		15,601 – 52,000 times vs nonuse	1.34	[0.89, 2.02]
		> 52,000 times	1.99	[1.34, 2.96]
Mills et al. (2004) [25]	By cumulative use (frequency × duration)	First quartile (lowest exposure)	1.03	[0.59, 1.80]
		Second quartile	1.81	[1.10, 2.97]
		Third quartile	1.74	[1.11, 2.73]
		Fourth quartile (highest exposure)	1.06	[0.62, 1.83]
Rosenblatt et al. (2011) [29]	By lifetime number of applications of perineal powder after bathing	1-1,599 applications	1.21	[0.71, 2.06]
		1,600-4,799 applications	2.08	[1.32, 3.27]
		4,800-9,999 applications	0.87	[0.50, 1.53]
		≥10,000 applications	0.87	[0.48, 1.57]
Cramer et al. (2016) [15]	By total genital applications	≤360 total genital applications	1.15	[0.89, 1.47]
		361-1,800 total genital applications	1.36	[1.06, 1.75]
		1,801-7,200 total genital applications	1.41	[1.10, 1.80]
		>7,200 total genital applications	1.39	[1.11, 1.75]
Harlow et al. (1992) [20]	Total Lifetime Perineal Applications*	< 1,000 applications	1.3	[0.7, 2.7]
		1,000 - 10,000 applications	1.5	[0.9, 2.4]
		>10,000 applications	1.8	[1.0, 3.0]

406 * aOR: adjusted odds ratio

407 ** 10,000 applications are equivalent to daily use for 30 year

408 **4. Discussion**

409 The present analysis of the association between perineal use of talc powder and
410 ovarian cancer risk considered four decades of scientific work exploring the
411 epidemiological associations and non-human studies. The motivation for this review is
412 based on two questions: what do human epidemiology studies of perineal talc exposure
413 reveal about potential ovarian carcinogenicity, and what do in-vitro and in-vivo studies
414 suggest about potential mechanisms of toxicity?

415 A systematic review of the human epidemiology studies was conducted to
416 address the first question. Thirty observational epidemiologic studies were identified and
417 assessed for quality using the NOS [6]. In parallel with the review of human
418 epidemiological evidence, a (non-systematic) review of evidence exploring in vitro and
419 in vivo toxicology data on talc was conducted to explore how talc might produce
420 biological changes. This latter review provides some insights concerning possible
421 mechanisms of talc toxicity, including oxidative stress, immune system alterations and
422 inflammatory responses. However, it also indicates that talc is not genotoxic. In total,
423 the epidemiology studies suggest that perineal exposure to talc powder is a possible
424 human ovarian carcinogen but there are concerns that the actual exposure experienced
425 by these women over the past 40-50 years is not well understood. As reported by
426 Langesth and colleagues [67], there had been some concern that asbestos-
427 contaminated talc powder that was produced prior to 1976 might have been a
428 confounder; however, the similarity of findings between studies published prior to and
429 after this point suggests asbestos contamination does not explain the positive
430 association between perineal use of talc powder and risk of ovarian cancer [25, 27].

431 Human observational studies have inherent limitations that could bias the
432 findings. Potentially important sources of bias reported in the included studies include:
433 1) selection bias due to low response rates from cases and controls or from limiting
434 subjects to English-speaking women of two specific races, and 2) exposure
435 misclassification due to recall bias inherent in case control studies. Other limitations
436 included small sample sizes in some studies, small numbers of subjects in subgroup
437 analyses, lack of information on duration of talc use in many studies that only compared
438 ever vs never users, as well as lack of information on the talc content of the different
439 brands of genital powders used. In two of the three cohort studies, the follow-up period
440 between exposure assessment and end of study could have been inadequate to detect
441 a potential association between talc exposure and ovarian cancer. Houghton et al. [39]
442 reported a mean follow up of 12.4 years, while Gates et al. [36] followed a cohort of
443 women for 24 years. However, Gertig et al. [37] and Gonzalez et al. [38] noted that one
444 of their main limitations is the relatively short follow up periods that may not be
445 adequate to detect a potential association between talc exposure and ovarian cancer.
446 For example, studies of smoking and ovarian cancer suggest that follow-up periods as
447 long as four decades improve recognition of the carcinogenic effects of smoking [72];
448 longer follow up periods may also improve characterization of the association between
449 talc and ovarian cancer. In this regard, the minimum latency period for radiation-induced
450 ovarian cancer among Hiroshima atomic bomb survivors has been reported to range
451 from 15 to 20 years [73, 74]. Common strengths reported in most studies were the
452 selection of population controls in many of the case control studies and having relatively
453 large sample sizes that allowed a multitude of stratified analyses.

454 Effect estimates in this meta-analysis were pooled from 24 case control studies
455 and 3 cohort studies, and refer to ever vs never use of perineal talc. Pooling by study
456 design showed a notably higher risk estimate for case-control [OR: 1.32 (95% CI: 1.24
457 to 1.40), $P < 0.00001$, $I^2 = 22\%$] compared to cohort studies [OR: 1.06 (95% CI: 0.9 to
458 1.25), $P = 0.49$, $I^2 = 17\%$]. Although the reasons for this are unclear, the difference could
459 potentially be due to issues relating to latency, study power, or exposure
460 misclassification.

461 Although cohort study designs are efficient for examining diseases with a long
462 latency period, it is essential that the period between talc exposure and the cancer
463 diagnosis be sufficiently long. Gonzalez et al. [38] suggested that the latency period for
464 ovarian cancer is between 15 to 20 years. In the cohort studies included in this review,
465 Houghton et al. [39] reported a mean follow up of 12.4 years while Gates et al. [36]
466 followed a cohort of women for 24 years. Gertig et al. [37] and Gonzalez et al. [38]
467 noted that one of their studies' main limitations was the relatively short follow up periods
468 that may not be adequate to detect a potential association between talc exposure and
469 ovarian cancer.

470 In addition, cohort studies included may have been underpowered to detect an
471 odds ratio (relative risk) of 1.3 estimated from the case control studies. This was noted
472 by Narod et al. [75], who suggest that cohorts of at least 200,000 women would be
473 needed to reach statistical significance if the true odds ratio is 1.3. The cohort studies
474 included in this review included much smaller cohort sizes, ranging between 41,654 and
475 78,630 women.

476 Finally, in cohort studies, talc exposure was assessed at cohort entry and was
477 used as a measure of chronic talc use during follow up. It is possible that women who
478 were not exposed to perineal talc at the time of cohort entry began using talc at a later
479 time, and vice versa, possibly introducing non-differential misclassification of exposure,
480 which could bias the risk estimate towards the null value of unity. Conversely, in the
481 presence of differential exposure misclassification, a bias away from the null hypothesis
482 could accentuate differences between the cohort and case-control studies.

483

484 **4.1. Exposures and outcomes**

485 All epidemiological studies included in our review evaluated the association
486 between the perineal application of talc and subsequent diagnosis of ovarian cancer.
487 Perineal vs body exposure is an important distinction, as the movement of talc is
488 thought to follow an ascending path from the perineum through the vagina, uterus and
489 fallopian tubes to the ovarian (as well as fallopian tube and peritoneal) epithelium.

490 Ovarian cancer is a common gynecologic malignancy in developed and
491 developing countries. Risk factors for ovarian cancer include age, infertility,
492 nulligravidity, endometriosis, hereditary ovarian cancer, tobacco and asbestos.

493 Protective factors for ovarian cancer include oral contraceptives, bilateral tubal
494 ligation, salpingo-oophorectomy, hysterectomy, and breast feeding [76]. It is a difficult
495 cancer to diagnose early, with approximately 60% of the individuals diagnosed after the
496 cancer has metastasized from the pelvic region, where this cancer begins. In the meta-
497 analysis, comparing ovarian cancer risk among women who used talc versus those who

498 never used talc (using both case-control and cohort designs), we observed an
499 approximate 30% increase in ovarian cancer risk in the group who used talc. The most
500 common type of ovarian cancer seen in the general population, and among the women
501 exposed to talc were of epithelial origin, most common histologic type (accounting for
502 about 95% of all cases in the general population), and of serous morphology, the most
503 common subtype (comprising about 75% in the general population).

504 The cell-type of origin and morphology of talc induced ovarian cancer is similar to
505 that observed in typical ovarian cancer with approximately 95% derived from epithelium
506 (from fallopian tube fimbriae, ovarian or peritoneal) with serous tumors as the most
507 common subtype. Like most ovarian cancers, those associated with talc exposure are
508 typically diagnosed late in the course of the disease (~60% are diagnosed after the
509 disease has spread outside of the pelvis). This late diagnosis complicates our
510 understanding of the history and origin of the disease.

511 Demographic factors were analyzed using subgroup analysis where possible,
512 and these were generally consistent with what has been previously observed with
513 respect to ethnicity and risk of ovarian cancer. Additionally, these data also provide
514 support for a mechanism of ovarian cancer induction working via an inflammatory
515 pathway associated with oxidative stress [27, 77, 78].

516 A small number of studies explored the issue of ethnicity: Asians (1 study),
517 Hispanics (2 studies), and African-Americans and Whites (3 studies each). Among
518 these studies the risk for talc associated ovarian cancer was 1.70 (Hispanics), 1.67
519 (African Americans), 1.28 (Whites) and 0.04 (Asians). These risk factors compare with
520 the demographics of ovarian cancer in the US population with an overall prevalence of

521 ovarian cancer of 12.7/100,000 among Whites 13.4/100,00, Hispanics 11.3/100,000,
522 African Americans 9.8/100,000, and Asians 9.8/100,000. The difference in US
523 prevalence and risk of talc induced ovarian cancer among Hispanics and African
524 Americans may provide further evidence concerning exposures or mechanism of action
525 [76].

526 A variety of factors were assessed with respect to the studies contributing to the
527 meta-analysis, including study quality (NOS) and publication year. In general, the risk of
528 talc associated ovarian cancer was similar among studies with an NOS ≥ 7 or NOS < 7 .
529 Year of publication also failed to demonstrate a significant impact on reported talc risk
530 estimates.

531

532 **4.2. Exposure metrics**

533 Given that the epidemiological studies indicate that talc is a possible human
534 carcinogen, we next evaluated the studies to identify those comparing differences in
535 exposure. The initial assessment exploring frequency of use, utilized a qualitative
536 exposure metric: low, medium and high. Ovarian cancer was observed to increase
537 between the medium and high exposure groups, consistent with an exposure-response
538 relationship. Several studies explored duration of use (years) and risk of ovarian cancer;
539 20+ years (2 studies), 10 (5 studies), 10/20 (2 studies), and observed that the risk was
540 greatest in the 20+ year exposure group, followed by lower risk in the 10/20 year and
541 <10-year exposure groups.

542 Several studies explored the route of exposure or approach to talc application on
543 ovarian cancer risk, including; hysterectomy, bilateral tubal ligation, diaphragm,

544 underwear, sanitary napkin, as these can provide insight into differences in exposure of
545 the fallopian tube, ovarian and peritoneal epithelium. Use of a diaphragm, as well as
546 tubal ligation act to interrupt exposure of perineal talc to reproductive tract. In contrast,
547 application to underwear and sanitary napkin exposure will provide broader exposures.
548 As hypothesized, the use of diaphragm and bilateral tubal ligation decreased ovarian
549 cancer risk [22].

550

551 **4.3. Modifying Factors**

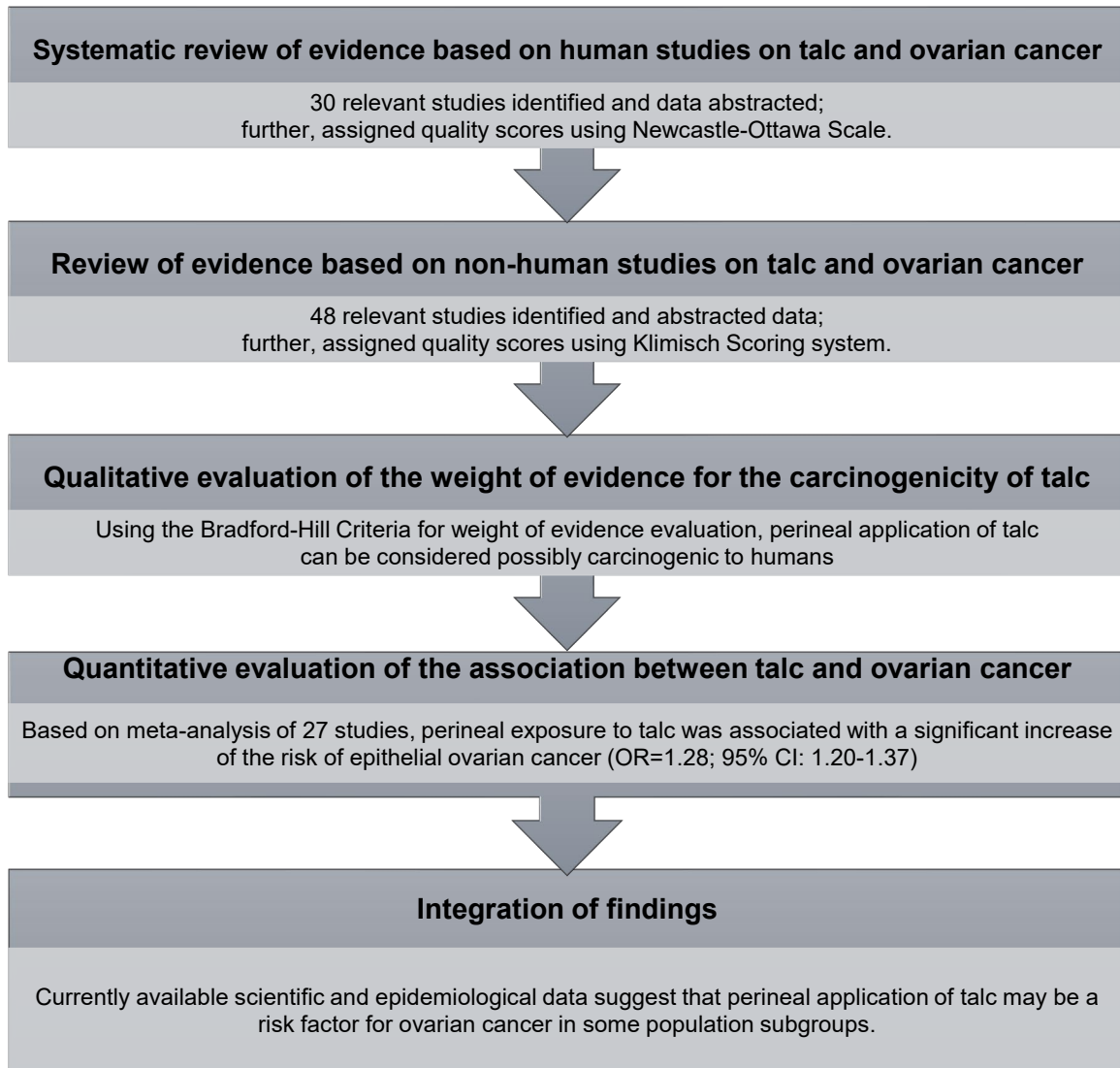
552 Modifiers of the risk of ovarian cancer, either associated with talc exposure, or a
553 spontaneous disease, can provide clues to potential mechanisms of causation.

554 Menopausal status and use of hormones can modify the risk for ovarian cancer. For
555 example, among post-menopausal women receiving hormonal therapy the risk for
556 ovarian cancer is greater than those who are premenopausal and those who are post-
557 menopausal not receiving hormone therapy. It has also been observed that women
558 receiving fertility treatment who do not become pregnant are at greater risk for ovarian
559 cancer [22]. These data suggest that hormonal status (elevated estrogens and/or
560 gonadotropins) plays a role in the mechanism of action of talc associated ovarian
561 cancer.

562 Subgroup analyses in the meta-analysis indicated that interruption of the
563 pathway from perineum to pelvis (as with bilateral tubal ligation or use of diaphragm)
564 decreased risk for ovarian cancer. This supports the hypothesis that talc acts by local
565 action on the ovary. Given the data developed in non-human studies suggesting an
566 inflammatory response of epithelial cells to talc, and histological observations

567 corroborating those observations, additional support for an inflammatory pathway
568 leading to ovarian cancer is provided. One study recently explored the use of anti-
569 inflammatory drugs and observed a decreased risk for ovarian cancer, also supporting
570 the importance of an inflammatory pathway with oxidative stress [77].

571



572

573 **Figure 4: Detailed process flow for assessment of talc carcinogenicity**

574

575 **5. Conclusion**

576 We conducted an extensive search, examination, assessment and analysis of
577 evidence from published human and non-human original as well as all published
578 reviews that considered the association between genital/perineal use of talc powder and
579 risk of ovarian cancer. The steps followed in conducting this review are summarized in
580 Figure 4, along with the key findings at each step. Consistent with previous evaluations
581 the IARC in 2010 [2], and subsequent evaluations by individual investigators [3, 5, 69],
582 the present comprehensive evaluation of all currently available relevant data indicates
583 that perineal exposure to talc powder is a possible cause of ovarian cancer in humans.

584

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589

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604

605

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607 **8. References**

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